Lest We Lose Love

Rediscovering the Core of Western Culture

By Scherto Gill

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This book articulates what makes life meaningful and worthwhile, and how we can live a good life together through an ethic of love.

Few are aware that since antiquity, there has always been the philosophy of love at the core of Western culture. It articulates what makes life meaningful and worthwhile, and how we can live a good life together through an ethic of love. This book fills this significant gap, not only reconnecting the reader with such important wisdom, and more crucially, also reorienting our socio-economic institutions and collective actions towards more loving and caring, and more concerned with the qualities of our lived experiences. By re(dis)covering the gifts of love, we may challenge the existing systemic dehumanisation, and draw from knowledge and understanding already present in our culture. This is timely because the global crises we are facing are catastrophic, especially when it comes to climate change. Therefore we must respond from a place of love rather than fear. Whether it is reducing the use of fossil fuels, lowering greenhouse emission, choosing the right food to eat, or advocating for structural transformation, our concerted endeavours start with an appropriate appreciation of the nature of our well-being which includes the planet's well-ness. This book highlights a clear pathway forward: to ensure collective healing and co-flourishing with nature, we must practise the art of loving.

Readership

- General readership
- Students and researchers of sociology, education, psychology and environmental studies
- Practitioners, such as teachers, NGO workers, politicians, youth leaders, activists, healthcare workers, therapists, clergies, and environmentalists.

Contents

Preface; Acknowledgements; 1 Time for a New Narrative; 2 A Threefold Framework for Understanding Love; 3 Love as Valuing; 4 Love as Relationing; 5 Love as Caring; 6 Love in Practice; 7 Towards a Paradigm of Love; Bibliography; Index

About the Author(s) / Editor(s)

Scherto Gill is Professor of Research and Director of the Global Humanity for Peace Institute. Her books cover subjects including collective healing, well-being and education.

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