



Academia, Chernobyl, Expeditions and the Greeks

A Research Psychologist on the Move

By Gloria Leon

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Recounts memorable experiences of an academic psychologist engaged in research on stress and coping in extreme environments.

The memoir *Academia, Chernobyl, Expeditions and The Greeks: A Research Psychologist on the Move* recounts memorable experiences over the course of the author's career as an academic psychologist engaged in research on stress and coping in extreme environments. Throughout the memoir, the author presents short summaries of her research methods and findings; however, the focus of the book is on her personal experiences – the events, people, and the environment with its natural beauty or devastation that she encountered while conducting this research.

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Gloria Rakita Leon is professor emeritus of psychology at the University of Minnesota. She is internationally known for her research on stress and coping in extreme environments.

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